

# Adult Health History Form

Completed Date: _____
Troop/Group #: _____
Received By: _____
Received Date: _____

## GENERAL INFORMATION

Adult's Name \_\_\_\_\_ Birth Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Address \_\_\_\_\_  
Street City State ZIP Code

Emergency Contact Information (First/Last name) \_\_\_\_\_

Relationship \_\_\_\_\_ Phone \_\_\_\_\_ Alt. Phone \_\_\_\_\_

## INSURANCE INFORMATION

Carrier Name \_\_\_\_\_ ID Number \_\_\_\_\_

Member Services Phone \_\_\_\_\_ Group Number \_\_\_\_\_

Address \_\_\_\_\_  
Street City State ZIP Code

Primary Care Physician \_\_\_\_\_ Primary Care Physician Phone \_\_\_\_\_

## HEALTH CONDITIONS

Allergy	Reaction	Treatment	Date of Last Reaction?

Indicate in the space below any medical conditions (e.g., asthma, diabetes) that you have.

\_\_\_\_\_

\_\_\_\_\_

Is there a specific dietary regiment to follow? (If Yes, please provide details below.)  Yes  No

\_\_\_\_\_

## RECORD OF IMMUNIZATION

Date of last Tetanus vaccine \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Select **one** of the following:

- I attest that all of my immunizations are up to date.
- I attest that I have not received immunizations. Note: Please contact [CustomerCare@gswpa.org](mailto:CustomerCare@gswpa.org) to obtain and complete an immunization waiver. The waiver is required for participation.

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**MEDICATIONS**

A qualified Health Care Professional (RN, LPN, DMD, or MD) or a PA Medication Administration certified approved volunteer may administer medications to participants. Arrangements between participants and GSWPA Approved Volunteers for all medications dispensed must include:

1. Prescription and over-the-counter medications must be provided in their original container.
2. Prescription medications must contain the physician prescribed orders, including instructions.
3. Both prescription and over-the-counter medications **must be given to the Approved Volunteer or First Aider/Health Care Professional.**
4. Some Life threatening conditions will require medications to be carried and secured by the participant, girl or adult, and are approved for carrying in first aid kits. These include: Epi-pens needed for insect stings or serious food allergies, asthma inhalers, and items needed for diabetic and seizure emergencies.

**Prescription Medication:**

In the space below, please list any prescription medication that you are required to take, including any self-administered emergency medication such as an Epinephrine injector or rescue inhaler.

Medication	Purpose	Self-Administer?
		<input type="checkbox"/> Yes <input type="checkbox"/> No
		<input type="checkbox"/> Yes <input type="checkbox"/> No
		<input type="checkbox"/> Yes <input type="checkbox"/> No
		<input type="checkbox"/> Yes <input type="checkbox"/> No
		<input type="checkbox"/> Yes <input type="checkbox"/> No
		<input type="checkbox"/> Yes <input type="checkbox"/> No

**Over-the-Counter Medication:**

In the list below, please select any over-the-counter medication that you are **NOT** permitted to take.

- |  |  |   |  |
|--|--|---|--|
| <input type="checkbox"/> Ibuprofen                   | <input type="checkbox"/> Calamine Lotion | <input type="checkbox"/> Liquid Tears           | <input type="checkbox"/> Anti-fungal Cream |
| <input type="checkbox"/> Aloe Vera                   | <input type="checkbox"/> Cough Drops     | <input type="checkbox"/> Menstrual Cramp Relief | <input type="checkbox"/> Antacid           |
| <input type="checkbox"/> Bacitracin (i.e. Neosporin) | <input type="checkbox"/> Dramamine       | <input type="checkbox"/> Expectorant            | <input type="checkbox"/> Acetaminophen     |
| <input type="checkbox"/> Antihistamine               | <input type="checkbox"/> Antidiarrheal   | <input type="checkbox"/> Decongestant           | <input type="checkbox"/> Other _____       |

**SIGNATURE**

Please select the checkbox and sign and date this form:

- Permission to Provide Necessary Treatment or Emergency Care:** I hereby give my permission to medical personnel selected by Girl Scouts Western Pennsylvania to order x-rays, routine tests, treatment; to release any records necessary for insurance purposes; and to provide or arrange necessary related transportation for me. In the event that my emergency contact cannot be reached, I hereby give my permission to the physician selected by Girl Scouts Western Pennsylvania to secure and administer treatment, including hospitalization for myself. This health history form is complete to the best of my knowledge, and I am permitted to engage in all program activities, except as noted. This completed form may be photocopied.
- Permission to Self-Administer Medication:** I confirm that I have the knowledge to self-administer the indicated emergency medication as medically necessary at Girl Scout activities. The troop leader/first aider will be notified if I have used my medication.

Signature	Date      /      /
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