

| ADULT HEALTH HISTORY | | Date | |
|--|-------------------------------------|--------------------------|------------------------------|
| | | | |
| Adult name | | | |
| Address | | | |
| Street | City | State | Zip |
| Name of family physician | | Phone | |
| INSURANCE INFORMATION | | | |
| Is the participant covered by fam If so, indicate carrier or plan name | | | # |
| HEALTH HISTORY | | | |
| List any physical or behavioral co | onditions that may affect o | r limit full participati | on in Girl Scout activities: |
| | | | |
| | | | _ |
| | | | |
| Allergies (medication, food or o | other) | | _ |
| | | | |
| RESTRICTIONS — The following r | estrictions apply to this individua | ıl | |
| ☐ Does not eat red meat ☐ Do | es not eat pork 🔲 Doe | es not eat eggs 🚨 🛭 | Does not eat dairy products |
| ☐ Does not eat shellfish ☐ Do | es not eat poultry Oth | er | |
| Medications being taken (prese | cription and over-the-co | unter) | |
| | | | |
| | | | |
| In case of an emergency please r | notify: | | |
| Emergency contact name | | | |
| Relationship | | | |
| Phone-Day () | |) | |
| Emergency contact name | | | |
| Relationship | | | |
| Phone-Day () | |) | |
| | | | |
| Participant's signature | | Date | |